

# FORMATION

# Anglais Reflex Intensif A distance



# **Objectifs**

Consolider vos connaissances en anglais et approfondir vos acquis. Le but est de vous amener vers un niveau où vous pouvez communiquer plus facilement dans différentes situations de la vie courante : voyages , travail, etc.

Au programme: 3 niveaux:

- Anglais Reflex niveau 1
- Anglais Reflex niveau 2
- Anglais Reflex niveau 3

- Type de cours : Distanciel
- Référence : ANG-REF-INT
- Durée: 300h de formation
- Lieu : A distance

Formation éligible au CPF Passage de la certification English 360 (si CPF)



ATTESTATION DELIVRÉE EN FIN DE FORMATION

### Pré-requis

Anglais scolaire

### **Public visé**

Tout public

### Méthodes pédagogiques

- Ordinateur + connexion internet (avec micro et haut parleurs) pour le distanciel
- Navigateur web : Edge, Chrome, Firefox, Safari, Edge, Android, iOs
- Système d'exploitation : Mac, Windows, Android, iOs
- Évaluation en fin de stage,
- Attestation de formation.

Centre de Formation Professionnelle CFORPRO - Tour de I 'horloge- 4 Place Iouis Armand 75603 Paris- Siret 50218786700010 - Déclaration N°11754276775 - Tél: 01.75.50.92.30 - Fax: 01.79.73.89.51 - Mail : contact@cforpro.com V06/12/2024

# **Programme**

### NIVEAU 1: PARTIE 1: Reflex'English Level 1(A2) - 60H

### **Lesson 1 - Starting out**

#### Grammar

- Singular personal subject pronouns
- Plural personal subject pronouns
- To be in simple present: affirmative and contracted form

### Lesson 2 - Are you English?

### Grammar

- To be + nationality
- To be from + country
- To come from + country

### Vocabulary

- Countries
- Nationalities

### Lesson 3 - To be...

### Grammar

- To be in the simple present: affirmative contracted form
- To be in the simple present: negative form
- To be + adjectives

### Vocabulary

- The alphabet
- Countries
- Everyday adjectives

### Lesson 4 – ...or note to be

### **Grammar**

- To be in the simple present negative form: contraction of the verb
- To be in the simple present negative form: contraction of not
- To be in the simple present: interrogative form
- To be from: country/city of origin

### Vocabulary

The United Kingdom (UK) – Le Royaume-Uni

### **Lesson 5 - Starting out**

### Review and Test of Lessons 1 to 4

### Lesson 6 – What's your name?

#### Grammar

- Possessive adjectives
- Questions with what
- Asking for someone's name
- Giving one's name
- Asking questions
- Negative sentences in the simple present
- To have got in the simple present
- Simple present: negative and interrogative forms

### Lesson 6 (suite)

### Vocabulary

- Family
- Nationalities
- Names

### Lesson 7 - Numbers

### Grammar

- Numbers from 0 to 20, from 20 to 100, after 100
- Hundred, thousand, million
- 1st, 2nd, 3rd, 4th, 5th... 100th
- Particular forms

### Vocabulary

- Calculations, the four basic operations
- Around numbers
- · Around first, second and third
- Indeterminate quantities

### Lesson 8 - Other numbers

#### Grammar

- After 100th, after 1000th
- Fractions
- Decimal point, comma
- · Zero, nought, oh
- Percentages
- Phone numbers
- Years

### Vocabulary

Phrases with percentages and fractions

### Lesson 9 - Days, months and seasons

### Grammar

- Simple present
- To be in the simple past
- Time expressions with this, next, last

### Vocabulary

- Days of the week, months of the year, seasons
- Phrases with work and day
- Around time
- Around "to begin" and "to end"
- Temperatures (weather)
- Some important dates in the year (Christmas, Easter)

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### Lesson 10 - Test lessons 6 to 9

### Review and Test of Lessons 6 to 9

### Lesson 11 - Hello and goodbye

#### Grammar

Good and bad (irregular adjectives)

### Vocabulary

- Greetings at different times
- Saying « hello »: first greetings, friendly greetings, formal greetings, polite greetings
- Saying « goodbye »: informal goodbyes, polite goodbyes
- Around soon and late
- Around please and nice
- Around friend and fine

### **Lesson 12 – My favourite colour**

#### Grammar

- Regular adjectives: comparative and superlative forms
- Open and closed questions

### Vocabulary

- Colours
- Around the weather
- Traffic lights in England
- Hair
- 2D and 3D Shapes
- Around "other"

### Lesson 13 – Date of birth

### Grammar

- Asking for someone's age
- Personal object pronouns
- Writing a date
- "To be" in the simple past and the simple future
- Date of birth
- Prepositions "on, in, at"

### Vocabulary

- · Saying one's age
- Saying your date of birth
- Numbers, days and months

### Lesson 14 - The time

#### Grammar

- Asking and telling the time
- In and at to specify a moment
- The time: past, to, exact time
- Adjectives used with time phrases
- Just in time + to/for

### Vocabulary

- Clocks
- Around meals
- Talking about timetables
- Phrases around time

### Lesson 15 – Test lessons 11 to 14

Review and Test of Lessons 11 to 14

### Lesson 16 - Where is it?

#### Grammar

- Asking for and giving directions
- Beginning / middle / end
- Left/right
- Up / down
- Bottom / top
- Addressing someone
- To go + prepositions
- Possessive case

### Vocabulary

- Shops
- Means of transport
- In a building

### Lesson 17 - Turn left!

### Grammar

- Asking for and giving directions
- Could
- To tell
- Which on or On which? Simple present
- Possessive pronouns
- This/these, that/those
- Imperative

### Vocabulary

Saying "thank you" and answering

### Lesson 18 - My home

### Grammar

- · Locating things around you
- There is/are
- There isn't/aren't
- There is + some / There are + some
- There isn't + any / There aren't + any
- Is there / Are there + any?
- Much / many
- Quantifiers

### Vocabulary

- Rooms
- In the bathroom
- In the kitchen
- Objects and pieces of furniture

### Lesson 19 - Around the house

#### Grammar

- Locating things around you
- Making suggestions with "let's"
- Prepositions of space
- Quantifiers
- Too, also and as well

### Vocabulary

- Describing the house
- Rooms
- Some common verbs
- Describing size

### Lesson 20 - Test lessons 16 to 19

### Review and Test of Lessons 16 to 19

### Lesson 21 - Your body

### Grammar

Body/Senses-related verbs

### Vocabulary

- Parts of the body
- The five senses

### Lesson 22 - Clothes and accessories

### Grammar

- Present participles
- Present continuous

### Vocabulary

- Clothes and accessories
- Clothing materials
- Parts of the body

### Lesson 23 - Introducing yourself

#### Grammar

- Introducing oneself and others
- Reflexive pronouns -
- Imperative with "let me" and "let's"
- Expressing permission
- Referring to someone

### Vocabulary

- Family members
- Greetings
- Interviewing
- · Meeting people for the first time
- · Around "short"

### **Lesson 24 – Talking about family**

### Grammar

- Introducing someone
- "To have got" in the simple present
- Adjectives ending with «-ed» or «-ing»
- Short and long adjectives
- Comparative and superlative
- · Prepositions of place

### Vocabulary

- Animals
- Talking about family and relatives
- To live + prepositions

### Vocabulary

- Describing the family
- Interests
- Describing a picture

### Lesson 25 - Test lessons 21 to 24

Review and Test of Lessons 21 to 24

### Lesson 26 - Whose dog is it?

### Grammar

- Wh-questions
- Possessive pronouns
- Talking about possession
- Irregular plurals
- Possessive case
- Some, any, no

### Vocabulary

- Animals
- Talking about family and relatives
- To live + prepositions

# Lesson 27 - What's your son's favourite hobby?

#### Grammar

- Talking about family and relatives
- Both
- Position of an adjective or an adverb
- Simple present
- Relative pronouns

### Vocabulary

- The United Kingdom of Great Britain and Northern Ireland
- Hobbies
- Sports
- Around wedding
- "In-law family" vs. "step family"

### Lesson 28 – At the grocer's

#### Grammar

- Prepositions « at » and « to »
- Very few, few, a few, quite a few
- All
- Would like
- One, ones

### Vocabulary

- Shops
- At the grocer's
- A funny joke
- Around funny

### Lesson 29 – How many eggs, Madam?

### Grammar

- How much? or How many?
- Quantifiers

### Vocabulary

- Food and drinks
- At the market
- At the grocer's
- Phrases for special numbers
- Food quantifiers and containers

### Lesson 30 - Test lessons 26 to 29

Review and Test of Lessons 26 to 29

# PARTIE 2: Reflex'English Level 1 - Speak & Revise (A2) - 10H

### Compétences linguistiques

### Compétences langagières - comprendre et s'exprimer en anglais

La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire,

vocabulaire, expression et compréhension orale.

### Compréhension écrite

Le rappel de points de grammaire et de vocabulaire étudiés dans Reflex'English Level 1.

### Compréhension orale – Écoute audio / Enregistrements audio / Reconnaissance vocale

- De nombreux exemples audio permettent de mémoriser la bonne prononciation.
- La fonction d'enregistrement permet de tester et comparer sa prononciation.
- La fonction de reconnaissance vocale permet de mesurer la justesse de sa prononciation.

### PARTIE 3: Reflex'English Grammar / Vocabulary (A1/A2) - 30H

### Reflex'English Grammar A1/A2

- Lesson 1 Spelling
- Lesson 2 The verb to be
- Lesson 3 Have / Have got
- Lesson 4 Personal pronouns
- Lesson 5 The auxiliary do / does
- Lesson 6 Plurals
- Lesson 7 There is / there are
- Lesson 8 Simple present tense
- Lesson 9 Present continuous tense
- Lesson 10 Simple past tense
- Lesson 11 Going to
- Lesson 12 Simple future with will
- Lesson 13 Present perfect tense
- Lesson 14 Wh- questions
- Lesson 15 Possessive adjectives and pronouns
- Lesson 16 Reflexive and emphatic pronouns
- Lesson 17 Prepositions (time, place, means)
- Lesson 18 Supposed to, would rather, had better
- Lesson 19 Use your senses
- Lesson 20 Adjectives, comparatives and superlatives

### Reflex'English Vocabulary A1/A2

- Lesson 1 The family
- Lesson 2 Numbers
- Lesson 3 Age
- Lesson 4 Colours and shapes
- Lesson 5 Countries, nationalities and languages
- Lesson 6 Jobs and activities
- Lesson 7 Transport
- Lesson 8 Days and months
- · Lesson 9 Weather and seasons
- Lesson 10 Telling the time
- Lesson 11 The body
- Lesson 12 Clothes and accessories
- Lesson 13 Describing people
- Lesson 14 Describing things
- Lesson 15 House and furniture
- Lesson 16 Sports
- Lesson 17 Hobbies and leisure time
- · Lesson 18 Food and drink
- Lesson 19 At school
- Lesson 20 Animals

# NIVEAU 2 : PARTIE 1 : Reflex'English Level 2 (B1) - 60H

## Lesson 1 – Janice's interview: Part 1

### Grammar

- "To be" in the simple present
- "To have" in the simple present
- Some prepositions: in, on, at or to?
- Adverbs of frequency
- Wh- question words

### Vocabulary

- Janice's interview
- Review of Beginner Level

### Lesson 2 - Janice's interview: Part 2

### Grammar

- Some or any
- Comparative form
- Superlative form
- Possessive adjectives
- Possessive pronouns
- Prepositions of space

### Vocabulary

- Janice's interview
- Review of Beginner Level

### Lesson 3 – What do you do for a living?

### Grammar

- Asking and saying one's job
- Asking questions in the simple present
- « To be » and affirmative short answers
- « To be » and negative short answers
- Simple present

### Vocabulary

- Jobs
- Job-related verbs

### Lesson 4 – Job talk

#### Grammar

- Simple present: use and construction
- Simple present questions with wh-question words
- Closed questions and short answers with « do » or « to be » in the simple present
- This and that
- Adjectives: « good » and « bad »
- Plurals
- Asking questions with « what »
- « To know » in the simple present
- « To do » as a verb

### Lesson 4 (suite)

### Vocabulary

- Job talk
- In an office
- Computer equipment
- Working hours
- Centres of interest
- Salary

### Lesson 5 - Test lessons 1 to 4

Review and Test of Lessons 1 to 4

### Lesson 6 - What did you do yesterday?

### Grammar

- The simple past tense
- « To do » in the simple past
- « To be » in the simple past
- Simple past: regular verbs
- Simple past: irregular verbs

### Vocabulary

- Phrases with « to have »
- « To do » vs. « to make »

# Lesson 7 – A short story: Slim Johnson robbed a bank

### Grammar

- Simple past: some regular verbs
- Simple past: some irregular verbs
- · Simple past: asking questions

### Vocabulary

· A short story

### Lesson 8 – What are you doing, Pete?

### Grammar

- Present participles
- The present continuous
- The present continuous: use
- The present continuous: questions with prepositions
- The present continuous: particular cases
- Questions tags

### Vocabulary

- Sense verbs
- Around « to think »
- Questions with why
- Around « to feel » and « to get »

# Lesson 9 – It used to be different back then Grammar

- · Structures with « used to »
- « Used to » and other tenses
- Past participles: regular and irregular verbs
- Present perfect
- « Such » or « such a »
- « To be used to »,« to be getting used to »

### Vocabulary

- · Around « the sun »
- Around « agriculture »
- Comparing things

### Lesson 10 - Test lessons 6 to 9

Review and Test of Lessons 6 to 9

# Lesson 11 – How long ago was that? Grammar

- · Since, for and ago
- Adverbs of place with -where
- The present perfect simple
- The past continuous
- The present perfect continuous
- That's/It's + adjective/noun + infinitive

### Vocabulary

- · Interjections and onomatopoeia
- At the doctor's
- At the chemist's

### Lesson 12 – What do you enjoy doing?

### Grammar

- Expressing likes and dislikes
- Likes and dislikes followed by verbs + -ing
- Putting nuances in likes and dislikes
- To look forward to
- Either / or, neither / nor, not / either
- « To look » or « to watch »
- « So do I », « neither do I », « I do », «I don't»
- · All, every, each

### Vocabulary

- Spare time
- · Around « spare »
- In the garden
- · Some hobbies and interests
- Household chores
- Fish 'n' chips

### Lesson 13 – What are you going to do?

### Grammar

- Pronouncing the letter « L »
- Talking about the future
- The future simple with « will »
- The near future with « be going to »
- Ever, never
- Type 1 conditional: the real future
- The verb « to explain »
- Modal verbs
- Type 1 conditional: the real future
- The verb « to explain »
- Modal verbs

### Vocabulary

- Cultural activities
- · Legal system

### Lesson 14 - The time

### Grammar

- The present conditional
- Type 2 conditional
- · Hypotheses with « what if »
- + future or conditional
- Still
- Expressing wishes and regrets
- Reflexive pronouns
- Making suggestions

### Vocabulary

- What would you do?
- Talking about fear
- Quantifiers: talking about parts
- Around « life »

### Lesson 15 - Test lessons 11 to 14

Review and Test of Lessons 11 to 14

# Lesson 16 – I need to make a phone call Grammar

- « To need »: modal and regular verb
- « Won't + infinitive » refusal to work
- Must or have to?

### Vocabulary

- The telephone
- Using the phone
- Town facilities
- To pay, to pay for

# Lesson 17 – Dealing with phone conversations

#### Grammar

• « To work » + prepositions

### Vocabulary

- Phone phrases
- Phone conversations
- Organizational chart and positions
- Company departments

# Lesson 18 – British English versus American English

### Grammar

- Irregular verbs and regular verbs (GB) ≠ (US)
- Present perfect and simple past (GB) ≠ (US)
- Phrases with « to have » or « to take »
- Phrases with « to have » or « to have got »
- Different prepositions
- « Like » or « as »
- Writing dates
- Giving advice with « had better »

### Vocabulary

- Words ending in a vowel + -L
- Spelling differences
- Completely different words

# **Lesson 19 – Thanksgiving: an American tradition**

### Grammar

- The passive voice (past, present, future)
- Compound adjectives
- The word « meat »: both countable and uncountable

### Vocabulary

- General knowledge: the USA
- Thanksgiving
- Holiday (GB) / Vacation (US)
- Animals and meat
- A song about New York

### Lesson 20 – Test lessons 16 to 19

Review and Test of Lessons 16 to 19

### Lesson 21 – You didn't tell her, did you?

### Grammar

- Question tags
- Informal contractions

### Vocabulary

Around « secrets and suspicions »

### Lesson 21 (suite)

- Around « mistake »
- Around « back »
- Around « unemployment »
- « On earth », « the hell »

# Lesson 22 – She told me she was coming tonight

### Grammar

- Reported speech
- Present perfect vs. simple past
- Despite, in spite of, although, even though
- Both or neither

### Vocabulary

- TV news
- Talking about injuries
- Around « to let »
- Verbs beginning with « over »
- Around « sport »

### Lesson 23 – UFO report

### Grammar

- Adjectives ending in -ish
- « Like » or « as »?
- Qualifying the size
- Expressing certainty
- Reported questions, requests and orders

### Vocabulary

- Outside news
- Around « hear »
- Around « fire brigade »

### Lesson 24 - Weather and climate in the UK

### Grammar

- Talking about weather forecast
- Double comparative (the more.../the more..., the less.../the less...)
- Weather idioms

### Vocabulary

- Weather and climate in the UK
- · Around rain, clouds, cold, winds, temperature
- The compass rose
- Geography of the UK

### Lesson 25 - Test lessons 21 to 24

Review and Test of Lessons 21 to 24

### **Lesson 26 – Describing things**

#### Grammar

- · Useful questions, order of adjectives
- Adverbs: « too » and « enough »
- Vague expressions
- Question tags: particular case
- Contractions of verbs
- Made of, from, out of, with
- Utility and functions: passive voice structures
- Passive voice with «to be made to do (something)»
- Paraphrasing

### Vocabulary

- Describing things
- Materials

### **Lesson 27 – Describing people**

#### Grammar

- Character and behaviour: opposite adjectives
- Compound adjectives
- Useful verbs: things you can do with your mouth

### Vocabulary

- Talking about character and behaviour
- Talking about age
- Around the face
- Talking about physical appearance
- Talking about height
- Talking about weight
- Describing hair
- Talking about complexion and skin

# Lesson 28 – What would you have done? Grammar

- Past conditional
- Type III conditional: formation, use
- Type III conditional with modal verbs
- Type III conditional with « even if »
- To be able, can / could
- Expressing regrets in the past
- Conditional types: review

### Vocabulary

- At the meeting
- Around « to miss »
- Around « to bother »

## Lesson 29 – Writing emails and letters

### Grammar

Around « to write »

### Vocabulary

- Around emails
- · Layout of emails
- · Writing and sending an email
- Around regular mail
- Layout of a formal letter
- Opening salutations, complimentary closes
- The message of the lette

### Lesson 30 – Test lessons 26 to 29

Review and Test of Lessons 26 to 29

### PARTIE 2: Reflex'English Level 2 - Speak & Revise (B2) - 10H

### Compétences linguistiques

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La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire, vocabulaire, expression et compréhension orale.

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### PARTIE 3: Reflex'English Grammar / Vocabulary (B1/B2) - 30H

### Reflex'English Grammar B1/B2

- Lesson 1 The future using present simple and continuous
- Lesson 2 The future using going to, will and present perfect
- Lesson 3 Past continuous vs. simple past
- Lesson 4 Past perfect Formation and use
- Lesson 5 Present perfect continuous Formation and use
- Lesson 6 Future continuous
- Lesson 7 Expressions with 'used to' and 'would'
- · Lesson 8 1st, 2nd and 3rd conditionals
- Lesson 9 Reported speech
- Lesson 10 Wishes in the present
- Lesson 11 Wishes in the past
- Lesson 12 The passive voice
- Lesson 13 Have done Make do
- Lesson 14 Modals
- Lesson 15 Defining relative clauses
- Lesson 16 Non-defining relative clauses
- Lesson 17 Object and subject questions
- Lesson 18 Question tags
- · Lesson 19 Adjectives ending in ED or ING
- Lesson 20 Multiple adjectives: word order

### Reflex'English Vocabulary B1/B2

- Lesson 1 Countries and symbols
- Lesson 2 Materials
- Lesson 3 Nature
- Lesson 4 Shops
- Lesson 5 In the city
- Lesson 6 Urban vs. rural life
- Lesson 7 Tourism
- Lesson 8 Computer science
- Lesson 9 Cooking
- Lesson 10 Expressing quantities
- Lesson 11 At the restaurant
- Lesson 12 At the hotel
- Lesson 13 On the phone
- Lesson 14 Feelings and emotions
- Lesson 15 Health and illness
- Lesson 16 Five senses
- Lesson 17 At the doctor's
- Lesson 18 The Arts
- Lesson 19 The Earth
- Lesson 20 Astrology and the Solar System

### NIVEAU 3: PARTIE 1: Reflex'English Level 3 (B1) - 60H

### Lesson 01 - Chatting with people living in

France: Janice

Asking for permission

Polite requests

The past tenses

Since, for, ago

Types of conditionals

Mixed conditionals

Review of pre-intermediate Level

Chatting with Janice

Northern Irish food

About Northern Ireland

Northern Ireland in the

20th century in short

### Lesson 02 - Chatting with people living in France: Greg

Present simple

Simple past and past continuous

Describing a sequence of events

I, me, myself

Adjectives followed by prepositions

Adjectives ending in -ed and -ing

Too and enough

Question tags

Review of preintermediate Level

Chatting with Greg

Weather and climate

The climate in the USA

English as a global language

### Lesson 03 - Chatting with people living in France: Mark

Adverbs: manner, place,

time, frequency

Verbs followed by prepositions

Prefixes and suffixes

Present continuous

Verbs of preference followed

by verbs + -ing or to + infinitive

Present perfect simple

Present perfect continuous

Review of pre-intermediate Level

Chatting with Mark

British cuisine

### Lesson 04 - Whatever you say!

Ever and compounds

Emphasizing interrogative pronouns

Imperatives and negative imperatives

### Lesson 04 (suite)

Verbs followed by gerunds or

infinitives

Review of preintermediate Level

Illegal behaviour

About punctuality

Uncontrolled movements

### Lesson 05 - Test Lessons 1 to 4

Review and Test of Lessons 1 to 4

### Lesson 06 - Writing a letter of complaint

Passive forms

"Used to" or "did not use to"

Tense review

Complaining about a damaged product

How to write an effective letter of complaint

Useful sentences and vocabulary in complaints

Phrases with "up to"

Around "to pick up"

### Lesson 07 - Receiving a letter of complaint

Either, or, neither, nor, not either

Around "so far"

Contractions

Imperatives with question tags

To remember vs. to remind

Still, already, yet, etc.

Tense review

Letter of complaint

Around "disappointment"

Around "to get"

Talking about responsibility

Around "bills"

From maker to user

### Lesson 08 - Pronunciation: stress and linking Stress

Word stress: one-syllable words

Word stress: two-syllable adjectives, nouns and

Word stress: three-syllable words and over Word stress: use of prefixes and suffixes

Linking

Linking words

Variability of English pronunciation

### Lesson 09 - Tongue twisters: around phonetics and pronunciation

The 20 vowel sounds and 24 consonant sounds

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### Lesson 09 (suite)

Pronouncing the short and long "i" sounds Pronouncing the "s", "ch", "tch", "je", "dje" sounds

Pronouncing the letter R or not Pronouncing the letters W, V and F Pronouncing the "ough" and "augh" letter groups

Tongue twisters

### Lesson 10 - Test Lessons 6 to 9

Review and Test of Lessons 6 to 9

# Lesson 11 - Travelling through a phonetic labyrinth

Travelling through a phonetic labyrinth Literacy devices, figures of speech Travel: at the airport Around poems and poetry

### Lesson 12 - Let's speak fast! - Part 1

Connected speech in English Stress placement in a sentence Changes in pronunciation: contractions, elisions, assimilations, coalescences

### Lesson 13 - Let's speak fast! - Part 2

Connected speech in English
Changes in pronunciation: weak forms, linking

### Lesson 14 - Let's speak fast! - Part 3

Fast speech Around "over" Pronunciation of -ed endings Around "word" Around "yard"

### Lesson 15 - Test Lessons 11 to 14

Review and Test of Lessons 11 to 14

### **Lesson 16 - Home conversation**

Filler words

Must or have to: to express obligation

Sense verbs

Sense verbs: active or state verbs?

Double comparative in idioms

Phrasal verbs: to put Phrasal verbs: to get

Ellipses

Situational ellipses Textual ellipses

Ellipses and substitutions

Home conversation

# **Lesson 17 - Christmas Pudding - a British** tradition

Some phrasal verbs: to cut, to stand, to turn Imperatives: DOs and DON'Ts

Christmas Pudding
Weight measures
Weights in cooking

Liquid measures (volume) Liquid measures in cooking

Measuring objects
Dried grapes
Cooking verbs

### Lesson 18 - I'll be at the beach hut

Adjectives ending in -ed and -ing Sense verbs

Structures followed by to-infinitives, bare infinitives and -ing forms

The present continuous infinitive, the perfect

infinitive, the perfect continuous infinitive

Choosing the correct relative pronoun

Who or whom with prepositions?

Some phrasal verbs: to keep, to go

Talking about the future

Passive forms

Holidays in Israel

Travelling

Alone, by myself, on my own

Around "to lie"

Weather conditions: useful adjectives

To have + adjective + time

### Lesson 19 - Seeing is believing

"Used to" to express a past habit "Would" to express the past Defining relative clauses Non-defining relative clauses Must have + past participle

Still and anymore

Ever

Beliefs

Famous make-believe characters

Some noises humans make

Around "to believe", "to happen", "to swear"

Around "mill"

Beliefs and superstitions in Scotland

### Lesson 20 - Test Lessons 16 to 19

Review and Test of Lessons 14 to 19

### **Lesson 21 - On the roads of the United Kingdom**

Asking for and giving directions: useful sentences

The imperative to give directions

Driving in the UK

Around cars: glossary

Driving glossary

Phrases related to driving and manoeuvres

Pedestrian crossings in the UK Asking for and giving directions Some road signs in the UK

### **Lesson 22 - The driving test**

Here, there, over here, over there

One, ones

Phrasal verb "to run"

To get in or to get on a vehicle

Will for immediate intention

Closed questions, short answers

Some verbs with "over"

Phrasal verbs with "away"

Emphatic imperative

Taking the driving test in the UK

Road lane markings in the UK

Useful vocabulary: on the roads

Around "sight"

Around "speed"

### Lesson 23 - The pub - a British way of life

Passive structures

Advanced passive structures with reporting verbs

Advanced passive structures with modals

Advanced passive structures with verbs followed by

infinitives or gerunds

Conditional conjunctions

The pub: a British way of life

Pub culture

Drinks in a pub

Pub opening hours

Entertainment in a pub

### **Lesson 24 - Talking about the environment**

Gradable and non-gradable adjectives

Adverbs of degree

Adverbs of degree and adjectives

Adverbs of degree and adjectives: collocations

The environment: sources of energy

The environment: useful verbs

The environment: useful vocabulary

Environmental issues: lessening our carbon foot-

print

### Lesson 25 - Test Lessons 21 to 24

Review and Test of Lessons 21 to 24

### **Lesson 26 - Talking to Rachel**

Question tags

Present perfect tense

Present perfect continuous tense

Still, anymore and no longer

"Do" as an auxiliary in affirmative sentences

Phrasal verbs with "up"

Matching adverbs and pronouns

Compass points

Around "odd"

Marketing and advertising: useful vocabulary

Around "joy"

Astronomy and the solar system: useful vo-

cabulary

### Lesson 27 - Talking to Rebecca

Used to

Causative structures

The past perfect simple

The past perfect continuous

Phrasal verbs with "back"

Tillasai verbs with back

A bit of geography: England

Accents in England

Instruments and musicians

Types of music

Working hours and shifts

### **Lesson 28 - Talking to Scott**

Separable or inseparable phrasal verbs

General knowledge: Scotland

Geography of Scotland

Symbols, traditions and famous Scots

Important dates in the history of Scotland

The Scottish economy

10 fun facts about Scotland

### **Lesson 29 - Talking to Wynne**

Phrasal verbs with "up"

Phrasal verbs with "stand" and "run"

Formal subjunctive

General knowledge: Wales

Geography of Wales

Symbols and traditions in Wales

Famous Welsh people

Bad friends

Around "chip"

The history of Wales

The Welsh economy

Rugby

10 fun facts about Wales

### Lesson 30 - Test Lessons 26 to 29

Review and Test of Lessons 26 to 29

### PARTIE 2: Reflex'English Level 3 - Speak & Revise (B2/C1)-10H

### Compétences langagières - comprendre et s'exprimer en anglais

La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire,

vocabulaire, expression et compréhension orale.

### Compréhension écrite

Le rappel de points de grammaire et de vocabulaire étudiés dans Reflex'English Level 2.

### Compréhension orale – Écoute audio / Enregistrements audio / Reconnaissance vocale

- De nombreux exemples audio permettent de mémoriser la bonne prononciation.
- La fonction d'enregistrement permet de tester et comparer sa prononciation.
- La fonction de reconnaissance vocale permet de mesurer la justesse de sa prononciation.

# PARTIE 3: Reflex'English Level 3 – GRAMMAR & VOCABULARY (B2/C1)- 30H

### Reflex'English Grammar C1/C2

- Lesson 1 Word order
- Lesson 2 Active and state verbs
- Lesson 3 Talking about events in the future
- Lesson 4 Other ways of expressing the future
- Lesson 5 Affixes: prefixes and suffixes
- · Lesson 6 Conditional conjunctions
- Lesson 7 Transitive and intransitive verbs
- Lesson 8 Inversion with negative adverbials
- Lesson 9 Expressions with 'used to'
- Lesson 10 Past perfect simple and continuous
- Lesson 11\- The future in the past
- Lesson 12 Adjectives, nouns and verbs followed by prepositions
- Lesson 13 Participle clauses
- Lesson 14 Emphatic cleft sentences
- Lesson 15 Advanced passive structures
- · Lesson 16 Modal verbs in the past
- Lesson 17 Verbs followed by infinitives or gerunds
- Lesson 18 Gradable and non-gradable adjectives
- Lesson 19 Formal subjunctive
- Lesson 20 Phrasal verbs

### Reflex'English Vocabulary C1/C2

- Lesson 1 Talking about money
- Lesson 2 People and customs
- Lesson 3 Business and the Economy
- Lesson 4 Industry, machines and technology
- Lesson 5 Idioms and expressions
- Lesson 6 Commercial correspondence
- Lesson 7 Job search
- Lesson 8 Writing CVs and cover letters
- Lesson 9 Dealing with a job interview
- Lesson 10 Agriculture
- Lesson 11 Synonyms and antonyms
- Lesson 12 False friends and anglicisms
- Lesson 13 Abbreviations, acronyms and eponyms
- Lesson 14 The Media
- Lesson 15 Ecology
- Lesson 16 Energy
- Lesson 17 Criminality
- · Lesson 18 Justice and law
- Lesson 19 Travelling around Britain and Ireland
- Lesson 20 Travelling around the USA and Canada

TEST DE VALIDATION DES COMPETENCES ACQUISES ATTESTATION DE FORMATION DELIVREE EN FIN DE STAGE CERTIFICATION A PASSER EN FIN DE STAGE (SI CPF)