

# FORMATION

## ANGLAIS PERFECTIONNEMENT PROFESSIONNEL E-LEARNING

### Objectifs

Reflex'English Level 3 s'adresse aux apprenants qui souhaitent réviser ou consolider les connaissances abordées en niveau B2 et approfondir vos acquis à l'écrit comme à l'oral.

Reflex'English Level 3 permet d'atteindre le niveau B2/C1 du CECRL, il est composé de 24 leçons d'apprentissage et de 6 leçons de test, avec de nombreuses animations de situations, de grammaire et de vocabulaire. Parmi les objectifs de ce niveau : Comprendre le contenu essentiel de sujets concrets ou abstraits dans un texte complexe, y compris une discussion technique dans sa spécialité

- Communiquer avec spontanéité et aisance avec un locuteur natif - S'exprimer de façon claire et détaillée sur une grande gamme de sujets, émettre un avis sur un sujet d'actualité et exposer les avantages et les inconvénients de différentes possibilités.

La certification évalue le niveau du candidat en langue anglaise dans un contexte professionnel.

**Formation éligible au CPF**  
**Passage de la certification**  
**VTEST BUSINESS ENGLISH - 4 SKILLS**



### Méthodes pédagogiques

- Ordinateur + connexion internet (avec micro et haut parleurs) pour le distanciel
- 30 modules comprenant de multiples jeux-exercices interactifs et stimulants
- 24 leçons d'apprentissage
- 6 leçons de tests
- Évaluation en fin de stage,
- Certification VTEST ENGLISH (si CPF)
- Attestation de formation.

### Pré-requis

Le dispositif s'adresse aux professionnels utilisant l'anglais dans un cadre professionnel.

Le niveau A1 est un prérequis à l'entrée en formation

### Public visé

Tout public ayant déjà un niveau d'anglais intermédiaire.

# Programme

## Sont abordés les thèmes suivants :

- Dialoguer en anglais afin d'échanger et de transmettre des informations pertinentes et appropriées conduit à une perspective professionnelle.
- Prendre la parole en continu en langue anglaise afin de transmettre et partager des informations dans un milieu professionnel.
- Comprendre une communication orale en langue anglaise afin d'identifier des informations pertinentes provenant d'une variété d'affirmations, d'interrogations, de conversations brèves et de courts discours dans un contexte professionnel et de les traiter.
- Composer des textes professionnels en anglais afin de transmettre des informations, en maîtrisant des structures et le vocabulaire adaptés au contexte et au public professionnel.
- Analyser différents types de textes professionnels en anglais afin de partager, traiter et utiliser des informations pertinentes dans une perspective professionnelle

## PARTIE 1: Reflex'English Level 3 (B1) - 60H

### Lesson 01 - Chatting with people living in France: Janice

Asking for permission  
Polite requests  
The past tenses  
Since, for, ago  
Types of conditionals  
Mixed conditionals  
Review of pre-intermediate Level  
Chatting with Janice  
Northern Irish food  
About Northern Ireland  
Northern Ireland in the 20th century in short

### Lesson 02 - Chatting with people living in France: Greg

Present simple  
Simple past and past continuous  
Describing a sequence of events  
I, me, myself  
Adjectives followed by prepositions  
Adjectives ending in -ed and -ing  
Too and enough  
Question tags  
Review of preintermediate Level  
Chatting with Greg  
Weather and climate  
The climate in the USA  
English as a global language

### Lesson 03 - Chatting with people living in France: Mark

Adverbs: manner, place, time, frequency  
Verbs followed by prepositions  
Prefixes and suffixes  
Present continuous  
Verbs of preference followed by verbs + -ing or to + infinitive  
Present perfect simple  
Present perfect continuous  
Review of pre-intermediate Level  
Chatting with Mark  
British cuisine

### Lesson 04 - Whatever you say!

Ever and compounds  
Emphasizing interrogative pronouns  
Imperatives and negative imperatives  
Verbs followed by gerunds or infinitives  
Review of preintermediate Level  
Illegal behaviour  
About punctuality  
Uncontrolled movements

### Lesson 05 - Test Lessons 1 to 4

Review and Test of Lessons 1 to 4

## **Lesson 06 - Writing a letter of complaint**

Passive forms

“Used to” or “did not use to”

Tense review

Complaining about a damaged product

How to write an effective letter of complaint

Useful sentences and vocabulary in complaints

Phrases with “up to”

Around “to pick up”

## **Lesson 07 - Receiving a letter of complaint**

Either, or, neither, nor, not either

Around “so far”

Contractions

Imperatives with question tags

To remember vs. to remind

Still, already, yet, etc.

Tense review

Letter of complaint

Around “disappointment”

Around “to get”

Talking about responsibility

Around “bills”

From maker to user

## **Lesson 08 - Pronunciation: stress and linking**

### **Stress**

Word stress: one-syllable words

Word stress: two-syllable adjectives, nouns and verbs

Word stress: three-syllable words and over

Word stress: use of prefixes and suffixes

Linking

Linking words

Variability of English pronunciation

## **Lesson 09 - Tongue twisters: around phonetics and pronunciation**

The 20 vowel sounds and 24 consonant sounds

Pronouncing the “th” letter group

Pronouncing the short and long “i” sounds

Pronouncing the “s”, “ch”, “tch”, “je”, “dje” sounds

Pronouncing the letter R or not

Pronouncing the letters W, V and F

Pronouncing the “ough” and “augh” letter groups

Tongue twisters

## **Lesson 10 - Test Lessons 6 to 9**

Review and Test of Lessons 6 to 9

## **Lesson 11 - Travelling through a phonetic labyrinth**

Travelling through a phonetic labyrinth

Literacy devices, figures of speech

Travel: at the airport

Around poems and poetry

## **Lesson 12 - Let's speak fast! - Part 1**

Connected speech in English

Stress placement in a sentence

Changes in pronunciation: contractions, elisions, assimilations, coalescences

## **Lesson 13 - Let's speak fast! - Part 2**

Connected speech in English

Changes in pronunciation: weak forms, linking

## **Lesson 14 - Let's speak fast! - Part 3**

Fast speech

Around “over”

Pronunciation of -ed endings

Around “word”

Around “yard”

## **Lesson 15 - Test Lessons 11 to 14**

Review and Test of Lessons 11 to 14

## **Lesson 16 - Home conversation**

Filler words

Must or have to: to express obligation

Sense verbs

Sense verbs: active or state verbs?

Double comparative in idioms

Phrasal verbs: to put

Phrasal verbs: to get

Ellipses

Situational ellipses

Textual ellipses

Ellipses and substitutions

Home conversation

## **Lesson 17 - Christmas Pudding - a British tradition**

Some phrasal verbs: to cut, to stand, to turn  
Imperatives: DOs and DON'Ts  
Christmas Pudding  
Weight measures  
Weights in cooking  
Liquid measures (volume)  
Liquid measures in cooking  
Measuring objects  
Dried grapes  
Cooking verbs

## **Lesson 18 - I'll be at the beach hut**

Adjectives ending in -ed and -ing  
Sense verbs  
Structures followed by to-infinitives, bare infinitives and -ing forms  
The present continuous infinitive, the perfect infinitive, the perfect continuous infinitive  
Choosing the correct relative pronoun  
Who or whom with prepositions?  
Some phrasal verbs: to keep, to go  
Talking about the future  
Passive forms  
Holidays in Israel  
Travelling  
Alone, by myself, on my own  
Around "to lie"  
Weather conditions: useful adjectives  
To have + adjective + time

## **Lesson 19 - Seeing is believing**

"Used to" to express a past habit  
"Would" to express the past  
Defining relative clauses  
Non-defining relative clauses  
Must have + past participle  
Still and anymore  
Ever  
Beliefs  
Famous make-believe characters  
Some noises humans make  
Around "to believe", "to happen", "to swear"  
Around "mill"  
Beliefs and superstitions in Scotland

## **Lesson 20 - Test Lessons 16 to 19**

Review and Test of Lessons 14 to 19

## **Lesson 21 - On the roads of the United Kingdom**

Asking for and giving directions: useful sentences  
The imperative to give directions  
Driving in the UK  
Around cars: glossary  
Driving glossary  
Phrases related to driving and manoeuvres  
Pedestrian crossings in the UK  
Asking for and giving directions  
Some road signs in the UK

## **Lesson 22 - The driving test**

Here, there, over here, over there  
One, ones  
Phrasal verb "to run"  
To get in or to get on a vehicle  
Will for immediate intention  
Closed questions, short answers  
Some verbs with "over"  
Phrasal verbs with "away"  
Emphatic imperative  
Taking the driving test in the UK  
Road lane markings in the UK  
Useful vocabulary: on the roads  
Around "sight"  
Around "speed"

## **Lesson 23 - The pub - a British way of life**

Passive structures  
Advanced passive structures with reporting verbs  
Advanced passive structures with modals  
Advanced passive structures with verbs followed by infinitives or gerunds  
Conditional conjunctions  
The pub: a British way of life  
Pub culture  
Drinks in a pub  
Pub opening hours  
Entertainment in a pub

## **Lesson 24 - Talking about the environment**

Gradable and non-gradable adjectives  
Adverbs of degree  
Adverbs of degree and adjectives  
Adverbs of degree and adjectives: collocations  
The environment: sources of energy  
The environment: useful verbs  
The environment: useful vocabulary  
Environmental issues: lessening our carbon footprint

## **Lesson 25 - Test Lessons 21 to 24**

Review and Test of Lessons 21 to 24

## **Lesson 26 - Talking to Rachel**

Question tags  
Present perfect tense  
Present perfect continuous tense  
Still, anymore and no longer  
“Do” as an auxiliary in affirmative sentences  
Phrasal verbs with “up”  
Matching adverbs and pronouns  
Compass points  
Around “odd”  
Marketing and advertising: useful vocabulary  
Around “joy”  
Astronomy and the solar system: useful vocabulary

## **Lesson 27 - Talking to Rebecca**

Used to  
Causative structures  
The past perfect simple  
The past perfect continuous  
Phrasal verbs with “back”  
A bit of geography: England  
Accents in England  
Instruments and musicians  
Types of music  
Working hours and shifts

## **Lesson 28 - Talking to Scott**

Separable or inseparable phrasal verbs  
General knowledge: Scotland  
Geography of Scotland  
Symbols, traditions and famous Scots  
Important dates in the history of Scotland  
The Scottish economy  
10 fun facts about Scotland

## **Lesson 29 - Talking to Wynne**

Phrasal verbs with “up”  
Phrasal verbs with “stand” and “run”  
Formal subjunctive  
General knowledge: Wales  
Geography of Wales  
Symbols and traditions in Wales  
Famous Welsh people  
Bad friends  
Around “chip”  
The history of Wales  
The Welsh economy  
Rugby  
10 fun facts about Wales

## **Lesson 30 - Test Lessons 26 to 29**

Review and Test of Lessons 26 to 29

# **PARTIE 2 : Reflex'English Level 3 – Speak & Revise (B2/C1)-10H**

## **Compétences langagières - comprendre et s'exprimer en anglais**

La formation est organisée autour de différents thèmes et couvre les compétences langagières : grammaire, vocabulaire, expression et compréhension orale.

### **Compréhension écrite**

Le rappel de points de grammaire et de vocabulaire étudiés dans Reflex'English Level 2.

### **Compréhension orale – Écoute audio / Enregistrements audio / Reconnaissance vocale**

- De nombreux exemples audio permettent de mémoriser la bonne prononciation.
- La fonction d'enregistrement permet de tester et comparer sa prononciation.
- La fonction de reconnaissance vocale permet de mesurer la justesse de sa prononciation.

# **PARTIE 3 : Reflex'English Level 3 – GRAMMAR & VOCABULARY (B2/C1)- 30H**

## **Reflex'English Grammar C1/C2**

- Lesson 1 - Word order
- Lesson 2 - Active and state verbs
- Lesson 3 - Talking about events in the future
- Lesson 4 - Other ways of expressing the future
- Lesson 5 - Affixes: prefixes and suffixes
- Lesson 6 - Conditional conjunctions
- Lesson 7 - Transitive and intransitive verbs
- Lesson 8 - Inversion with negative adverbials
- Lesson 9 - Expressions with 'used to'
- Lesson 10 - Past perfect simple and continuous
- Lesson 11 - The future in the past
- Lesson 12 - Adjectives, nouns and verbs followed by prepositions
- Lesson 13 - Participle clauses
- Lesson 14 - Emphatic cleft sentences
- Lesson 15 - Advanced passive structures
- Lesson 16 - Modal verbs in the past
- Lesson 17 - Verbs followed by infinitives or gerunds
- Lesson 18 - Grable and non-gradable

## **Reflex'English Vocabulary C1/C2**

- Lesson 1 - Talking about money
- Lesson 2 - People and customs
- Lesson 3 - Business and the Economy
- Lesson 4 - Industry, machines and technology
- Lesson 5 - Idioms and expressions
- Lesson 6 - Commercial correspondence
- Lesson 7 - Job search
- Lesson 8 - Writing CVs and cover letters
- Lesson 9 - Dealing with a job interview
- Lesson 10 - Agriculture
- Lesson 11 - Synonyms and antonyms
- Lesson 12 - False friends and anglicisms
- Lesson 13 - Abbreviations, acronyms and eponyms
- Lesson 14 - The Media
- Lesson 15 - Ecology
- Lesson 16 - Energy
- Lesson 17 - Criminality
- Lesson 18 - Justice and law
- Lesson 19 - Travelling around Britain and Ireland
- Lesson 20 - Travelling around the USA and Canada

## **TEST DE VALIDATION DES COMPETENCES ACQUISES ATTESTATION DE FORMATION DELIVREE EN FIN DE STAGE PASSAGE DE LA CERTIFICATION RS 6905- VTEST BUSINESS ENGLISH - 4 SKILLS (SI CPF)**

**Le test VTest Business English - 4 Skills évalue les compétences professionnelles en anglais selon l'échelle du Cadre Européen commun de Référence pour les Langues (CECRL), du niveau A2 au niveau C2. Il est destiné aux personnes désireuses de certifier leurs compétences en anglais dans un contexte professionnel, pour les compétences de compréhension et d'expression, à l'oral ou à l'écrit. La certification Vtest est reconnue en France et à l'international par de nombreuses entreprises et institutions. Tous les candidats disposeront d'un accès à un test de découverte.**